

SUMMARY TABLE: .40 S&W Defense Ammunition

Brand & Load	Retail Price (per round)	Muzzle Velocity	Muzzle Energy	Group Size at 50 ft.	Retained Weight	Penetration Gelatin + Water	Expansion Ratio
Excellent							
Cor-Bon 150-gr. JHP	\$0.73	1,105 fps.	406 ft. lbs.	1.8 in.	100 %	9 + 00 in.	189 %
PMC Starfire 155-gr. JHP	\$0.60	1,087 fps.	400 ft. lbs.	2.3 in.	100 %	9 + 42 in.	156 %
Winchester Silvertip 155-gr. JHP	\$0.53	1,115 fps.	427 ft. lbs.	1.6 in.	100 %	9 + 37 in.	140 %
Federal Hydra-Shok 155-gr. JHP	\$0.84	1,068 fps.	392 ft. lbs.	1.4 in.	100 %	9 + 35 in.	140 %
Hornady XTP 155-gr. JHP	\$0.67	1,125 fps.	435 ft. lbs.	3.0 in.	99 %	9 + 38 in.	125 %
Excellent Indoor Safety Load							
Glaser 115-gr. Blue Tip	\$2.95	1,337 fps.	456 ft. lbs.	6.0 in.	N/A	6.10 in.	N/A
Good							
Winchester SXT 165-gr. JHP	\$0.75	994 fps.	362 ft. lbs.	1.6 in.	100 %	9 + 54 in.	125 %
CCI Blazer 155-gr. JHP	\$0.41	1,103 fps.	418 ft. lbs.	1.6 in.	99 %	9 + 46 in.	110 %
Speer Gold Dot 155-gr. JHP	\$0.66	1,124 fps.	434 ft. lbs.	2.2 in.	99 %	9 + 54 in.	82 %
Rem. Golden Saber 165-gr. JHP	\$0.88	1,028 fps.	387 ft. lbs.	2.2 in.	100 %	9 + 46 in.	110 %
Remington 155-gr. JHP	\$0.67	1,094 fps.	412 ft. lbs.	2.8 in.	100 %	9 + 34 in.	96 %
Unsatisfactory							
Federal Classic 155-gr. JHP	\$0.54	1,046 fps.	376 ft. lbs.	1.0 in.	100 %	9 + 54 in.	0 %

Note: Prices are the suggested retail prices. The expansion ratio is the increase in the cross section area divided by the original area.
 fps. = feet per second. ft.-lbs. = foot-pounds. % = percent. in. = inches.